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*by eNCA 2 years  
ago 12 minutes, 44  
seconds 6,634*

*views After a five  
year long battle  
with the Health and  
Care Professions  
Council, Professor ,  
Tim Noakes , join  
Tim Modise on his  
couch to ...*

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*Is the Tim Noakes  
Diet Safe? by Hello  
Doctor SA 6 years  
ago 9 minutes, 4  
seconds 63,555  
views Whether  
you've been  
following the , Tim  
Noakes eating plan  
, closely, or you  
don't really know*

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what all the fuss is  
Diet Menu Plans  
about - then take  
Banting Diet  
a ...

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don't need carbs or  
even... vegetables](#)

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Noakes says we  
don't need carbs or  
even... vegetables*



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by healthHackers 2  
years ago 29  
minutes 64,783  
views To all viewers  
frustrated , by , my  
frequent  
interrupting, my  
looking at my  
laptop, and the  
poor sound quality -  
please know this  
was ...

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'LCHF for Elite  
Athletes'](#)  
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'LCHF for Elite  
Athletes' by Low  
Carb Down Under 6  
years ago 31  
minutes 86,896  
views Professor  
Timothy , Noakes ,  
(born 1949) is a*

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*South African  
professor of  
exercise and sports  
science at the  
University of Cape  
Town.*

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nutrition and  
COVID-19.\*](#)

*Interview with Prof*  
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*Tim Noakes on  
nutrition and  
COVID-19. by Eat  
Better South Africa  
6 months ago 21  
minutes 3,616  
views In this  
interview, Prof , Tim  
Noakes , talks to  
journalist Murray  
Williams about how  
unhealthy dietary  
choices could lead*

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to health ...  
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[My chat with Prof.  
Tim Noakes](#)

*My chat with Prof.  
Tim Noakes by  
Gabriel's Diabetic  
Kitchen 4 years ago  
21 minutes 1,929  
views I had a  
wonderful  
opportunity to*

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interview Prof. , Tim  
Diet Menu Plans  
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Noakes , after he  
invited me to be an  
'Official Friend' of  
the Noakes  
Foundation.

[Full Day Of Eating  
For Reversing Type  
2 Diabetes. Doctor  
Recommended!](#)

*Full Day Of Eating*  
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ago 19 minutes

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Phinney on  
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(Part 1) by Virta*



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*Health 2 years ago*  
21 minutes 652,540  
views Learn more  
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Stephen Phinney  
at: ...

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Fat Eat like a Fit  
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ago 4 minutes, 58  
seconds 52,441  
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1 year ago 9  
minutes, 57

seconds 87,219

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vegetarians:

staying in ketosis

while focussing on

adequate macro

and micro nutrient

content using a ...

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by Ivor Cummins 6  
years ago 1 hour,  
47 minutes 182,627  
views A detailed  
analysis of  
Cholesterol Science  
using an*

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*Engineering  
Diet Menu Plans  
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approach. Included  
is a clear  
explanation of  
the ...*

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conventional  
dietary guidelines  
by Prof Tim Noakes  
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Health  
Collaboration 2  
years ago 57  
minutes 49,233  
views Filmed at the  
Public Health  
Collaboration*

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Conference 2018 at  
the Royal College of  
General  
Practitioners in  
London. --- Find  
out ...

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Noakes Foundation  
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6 years ago 36

minutes 9,939

views The Noakes  
Foundation's  
website at [http://th  
enoakesfoundation.  
org](http://th<br/>enoakesfoundation.<br/>org). Part 1 of a talk  
, by , Professor ,  
Tim Noakes ,  
\"Healthy , eating ,  
is all ...

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*Chat with Prof. Tim  
Noakes in Newlands  
by LowCarbUSA 3  
years ago 50  
minutes 3,534  
views Chat with  
Prof , Tim Noakes ,  
about Clinical Trials  
for Diabetes,  
#LCHF and  
endurance*

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performance,  
Diet Menu Plans  
Malaria,  
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Tuberculosis, The ,  
Eat , ...

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Transformation  
Podcast 1 year ago  
39 minutes 186  
views Dr. , Tim  
Noakes , comes  
onto HET Podcast to  
discuss his journey  
into focusing on  
Low Carbohydrate  
High Fat , diets ,

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